

# London Conference

20<sup>th</sup> October 2016

## Welcome



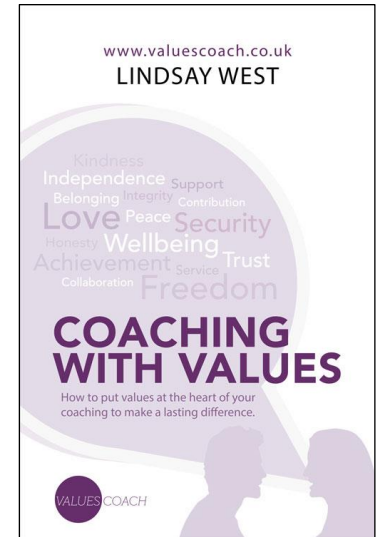
WORLD  
VALUES  
DAY 2016

[#WorldValuesDay](https://twitter.com/WorldValuesDay)

# Values in Practice

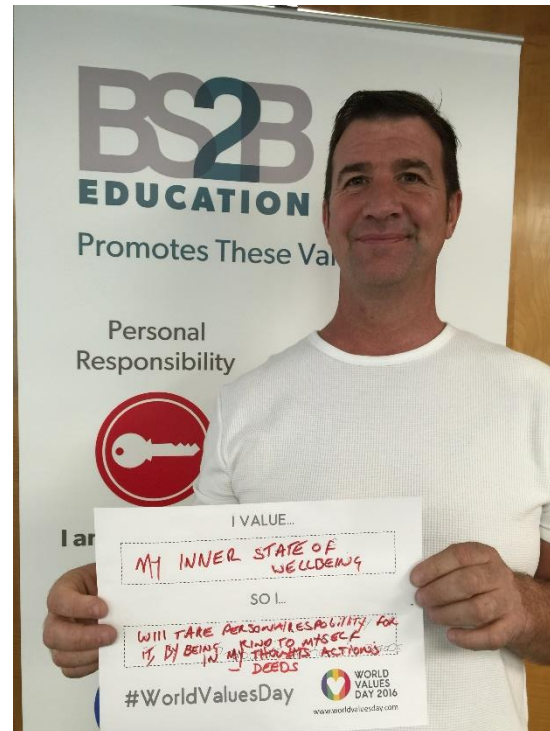


Lindsay West  
Values Coach UK



# #WorldValuesDay

@ValuesDay



# Hands up!



The most important value to me is:

Submit



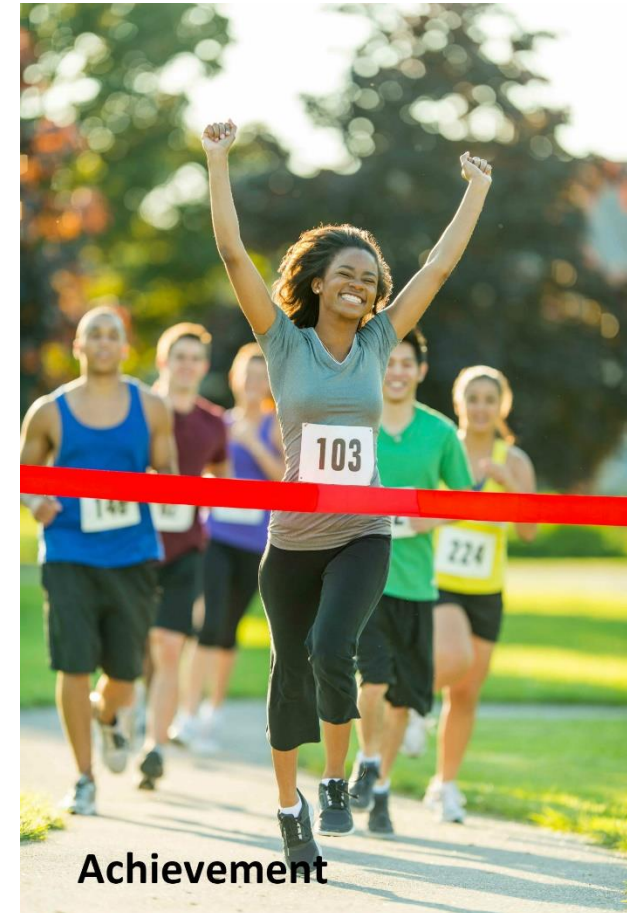
A word cloud of values, with the most prominent words in a larger, darker blue font. The words include:

- Success inspire
- Peace perseverance
- Awareness
- Understanding
- Unity
- Honesty
- Compassion
- Harmony
- Positivity
- Growth
- acceptance
- Empathy
- relationship
- Tolerance
- trust
- love
- truth
- Integrity
- freedom
- creativity
- authenticity
- caring
- fun
- Kindness
- Making a difference
- collaboration
- Faith
- dignity
- forgiveness

Understanding our core values is the first step to understanding what makes us truly happy.



# Where do our values come from...





[www.worldvaluesday.com](http://www.worldvaluesday.com)

World Values Day

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in association with





# Values in practice

Setting goals



Making decisions



# Jenny's Values

- Security
- Authenticity
- Connection
- Wellbeing
- Choice
- Integrity
- Contribution

# Laura's Values

- Faith
- Honesty
- Commitment
- Connection
- Happiness
- Freedom
- Stability

# UK Values Alliance

[www.valuesalliance.net](http://www.valuesalliance.net)



See Kashmira on front desk  
5 mins before your  
Values Coaching Session

LOCATION \_\_\_\_\_

DATE \_\_\_\_\_

#### SIGN UP SHEET

NAME	E-ADDRESS	PHONE #

CONFIDENTIAL OR SACS - Confidential and Voluntary: The Partner Network, P.O. Box 1368, Anderson, S.C. 29622

# Have fun!



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# Get involved!

I VALUE...

SO I...

#WorldValuesDay



# Thanks to...

- Charles Fowler
- UK Values Alliance team
- Liz Murphy and Old Mutual Group
- All our speakers
- Values Coach UK team
- Other Coaches
- World Values Day team

You!



**WORLD  
VALUES  
DAY 2016**

# Introduce yourselves



Back in seats at 10.30 please