



Values Guide for Schools

What's important to you as a school?

Values are the things that are important to us as individuals, as members of our school community, and as part of the wider community that the school belongs to.

World Values Day challenges us to think about our own values and the values held by the school community we belong to, and encourages us to act on those values. **This year our focus is on putting our values into action to benefit our wellbeing.** By putting them into action each and every day we will improve our own wellbeing, the wellbeing of our school and its wider community, and the wellbeing of the whole world.

This is the World Values Day call to action!

World Values Day – 17th October 2019

www.worldvaluesday.com

#WorldValuesDay

1. What are Values?

Values are the things that are important to us, the foundation of our lives. They guide our choices and behaviours and influence our emotions.

Values are what make us who we are. They are the compass guiding everything we do - our choices and our actions. When we lose touch with that compass, we can take the wrong turn. It's the same for our families, for our school communities, for the wider community around the school, and for society as a whole. Our values show us the way.

Values are at the heart of all schools and communities of every kind. They are the glue that binds them together. Values define their culture, the way they operate and the impact they have on their communities and the world. They are our motivators, our guides, and they keep us all focused and on track.

Values underpin the collective wellbeing of the school and its wider community.



2. Why are Values so important for the wellbeing of schools?

Every school community will inevitably be based on certain values. But often those values are not held completely consciously, and are often taken for granted and forgotten about.

If any organization or community is not clear about what values are holds them together and motivates them to do what they do together, their wellbeing will suffer. They will fall prey to lack of cohesion, lack of direction, and lack of motivation. They will struggle to attract and retain members (staff and students), make good decisions, and agree effective priorities and goals.

School communities who don't consistently practice their values will be less able to stand the stresses and strains that affect any group of individuals who spend time with each other. Whether it's tackling external problems or internal disputes, or planning ahead, or getting things done - everything is more difficult without shared values to rely upon.

Individual members of the school community – whether they are teachers, parents, pupils, or administrators – whose personal values are not in alignment with their experience at school, are likely to suffer from anxiety and stress, affecting their motivation, productivity, and mental health.

Communities that are clear about their values, where those values are aligned with their members' values, and where people make a consistent effort to practice those values, will tend to produce a culture which is collaborative and resilient and where members are well motivated, happy and productive.

3. Can Values really change the world?

We can all sometimes forget our values or just ignore them – often when we need them most. Then we find ourselves somewhere we really don't want to be. This is as true for organisations as it is for individuals.

But there is a wider impact when individuals and organisations forget their values. If those values are not lived to the full in our lives, at home, at work and in the community, then our communities won't live those values either and our individual and collective wellbeing will suffer. If our communities don't reflect our values, then the wider world won't reflect them either and its wellbeing will suffer. It won't be a world we want to live in, where we can be fulfilled and happy.

So if we want to change for the better our own lives, our families lives, the organization we work for and the communities we live in, so ultimately changing the world itself, then we have to change the behaviours that currently create the problems in our world. And the only way to do that is for all of us to live our values to the full every day in everything we do.



4. Our school doesn't have official Values. How do we go about identifying them?

Here is one way to find your values and decide which are the most important ones *that you would like to see* in your school (these will not necessarily be the same ones that you see there now). Try to get as many of the school's staff as possible take part in this exercise. You could also consider involving at least some of the students and parents in this exercise too – this is a judgement for each school to make depending on factors such as the age of the students, the extent to which they have already done some thinking on values etc.

Each person taking part in the exercise should have a copy of the list on the next page and follow these simple instructions.

Reflect first about the activities you all normally take part in, and what it looks like when it goes well and what it looks like when it sometimes doesn't go so well.

Then look down the list and tick the box opposite the 10 words in the following table that best describe the values that you consider need to be reflected in your school to support its success.

Once you have selected 10, then you should next reduce these to your top 5. This two-step process will help you to appreciate how some values may be more essential to you than others. Then put the 5 values in order of importance from 1 to 5, with 1 being the value which is most important to you.

Collect the lists from everyone and by adding up the number of times a value is included in participants' "Top 5", you will discover the overall top 5 values that have been voted as being the most important values for the school. This way of identifying the school's core values should ensure that the school's values are aligned with those of its members, and that the members "buy into" the values of the school and really take them to heart.

Group Values

acceptance		creativity		initiative		respect	
accessibility		dependability		innovation		responsibility	
accountability		democracy		integrity		reward	
achievement		development				safety	
adaptability		diversity		justice		security	
appreciation		efficiency		kindness		sense of purpose	
authenticity		empowerment		leadership		service	
awareness		enthusiasm		learning		simplicity	
beauty		environmental awareness		listening		social responsibility	
calmness		equality		loyalty		success	
caution		ethics		making a difference		support	
caring		excellence		openness		teamwork	
celebration		fairness		order		trust	
challenge		financial stability		partnership		truth	
cleanliness		forgiveness		patience		variety	
coaching/mentoring		freedom		perseverance		wellbeing	
collaboration		fun		positivity		willingness	
commitment		growth		pride		wisdom	
community involvement		harmony		productivity		willingness	
competence		helpfulness		professionalism		add here*	
continuous improvement		inclusivity		quality		add here*	
contribution to society		independence		recognition		add here*	
cooperation		sharing		reliability		add here*	

* If a value is important to you and it is not on the list, add it here.

The most important values: 1.....

2.....

3.....

4.....

5.....

5. Now put those values into action to increase the wellbeing of your school!

Try your best to involve staff and students, governors and parents, so that the whole school community is involved.

The process should involve two steps:

Staff session.

Try to get together as many of the staff as possible, and if you can some representative students and parents. Identify one of your school values that you all feel needs extra attention, and discuss how you can go about putting it more completely into action. You will need to devise a simple and practical plan of action to do this. Some ideas are given on the next page.

Another way of achieving the same aim of better organizational wellbeing is to use the session to work with your individual values rather than on the school's values. While it is important for us to act in line with both sets of values to maintain our individual wellbeing at work, the need for our individual values to be in alignment with our work experience is often more pressing. It goes without saying that the individual wellbeing of all members of staff is vital for the health of the whole organization in terms of motivation, productivity and retention.

This year's version of the **Values Challenge for Schools** takes this second approach. If you are interested in using the Values Challenge ready-made workshop materials, do consider this option. It is just one hour long, is simple to run, and we have had great feedback on it in previous years from all kinds of organisations, big and small. To get the Values Challenge for Schools free resource pack including a Facilitator Manual and set of slides to use in the session, click the Take the Challenge button at the bottom of this page (<https://www.worldvaluesday.com/values-challenge-for-schools/>) of the World Values Day website.

Involve the students. The next step will be to involve all the students in putting the value into action in the school community. If appropriate they can participate in the same action as the staff so that everyone in the school gets involved in the same activity.

Or they can be asked to come up with their own ideas for putting that value into practice – something challenging, creative, fun, something that can make a difference. There could be some sort of recognition for the best/most effective actions.

Finally, perhaps the students themselves can be asked to think about which actions worked the best, and why, and then that action can then be repeated

and become a way that the school regularly supports and interacts with its local community.

Here are some ideas that could be used to prompt both staff and students:

You could hold a **Values Day/ Values Week** where staff and students discuss values (this can be incorporated with planned autumn term topics) including how they can put them into action in school, at home and in the community.

Starting the discussion – you could kick-start discussion among the students by delivering an assembly around a particular value (the one chosen by the staff maybe). You could give examples about how they could put the value into action – for instance if the value is **Environmental Awareness, Teamwork, Responsibility, or Respect** (for the environment) the suggestion could involve picking up rubbish around the school or in a local litter black spot. They could adopt a local monument and keep it clean. They might also agree a plan to reduce their own use of single-use plastics at school and outside school.

If the value is **Creativity, or Making a Difference** or similar, they might like to help organise a “Values Fair” at the school with students and parents/carers bringing in cakes, biscuits and other prepared or fresh food and produce to be sold in aid of a local charity (or given to a local foodbank), and some fun activities with values theme are arranged.

Or if the value is **Caring** you could suggest or visit a retirement home and talk to residents or do a short performance of a song or skit, or read poems and short stories. Get them to come up with their own ideas.

6. Please share what you have done

Please then **share** what you have done with us and with the world on social media, telling us about the value you chose, what action you decided to take, and how the action went by posting on our Facebook, Twitter, LinkedIn, YouTube or Instagram using #WorldValuesDay and @ValuesDay or by emailing us at info@worldvaluesday.com

Remember not to publish any photographs or personal information about children without receiving the appropriate parental permissions.

Use words, photos, video clips. Whatever works best.

Find us on Facebook www.facebook.com/ValuesDay

Find us on Twitter www.twitter.com/ValuesDay

Find us on Instagram www.instagram.com/valuesday/

Find us on YouTube <http://bit.ly/2uANxYp>

To help you do this you can download the 'We Value' template (<https://www.worldvaluesday.com/value-templates-download/>) from the website and fill in your chosen value and the action taken, and then use it in a group selfie. Share what you've done with the world!

Let's do this together!



World Values Day challenges us to think about our most important values and to act on them. This year the focus is on putting our values into action to support and improve our wellbeing and the wellbeing of others. By putting them into action each and every day we can change ourselves, the communities we belong to, and the whole world for the better.

This is the World Values Day call to action!

Please join us and register your interest in one of the many values-related activities that will be taking place - from 1st October 2018 right up to World Values Day on 18th October 2018.

Let's show the world just how valuable living our values can be.

Get involved!

#WorldValuesDay

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