



BELSO ÉRTÉKEINKET
KIBONTAKOZTATÓ EGYESÜLET

2025. WVD in Hungary: Values for the future

Several age groups from different places of Hungary took part in celebrating WVD. Their aim was to ensure that these values should actually be the part of our everyday life, instead of existing in theory, only.

We would like to start our report by describing two new initiatives. We have never previously used Living Values Education (LVE) for organization development. Practically each different way of developing an organization involves the improvement or refinement of values necessary for the future operation of the organization. We know, use of human values is the basis of each kind of operation. LVE is excellent for such purposes i.e. to familiarize and improve projects mentioned above.



First: The training for a day nursery staff /**Huncut Lurkó Family Day Nursery/** (17.05.2025) aimed at the conscious use of values lying dormant in everybody, so as to promote changing the working atmosphere for the better. According to the feedback of the participants even the specific preserving and maintaining trainings have already started.

Cooperation – tactical dicussion



Meaning of Family



Some participants and the facilitators

Second: The training for the full staff of an accounting firm /iSuccess Accounting Office/ (25/26.09.2025) also aimed at forming a better working atmosphere. Let me quote some thoughts from the feedback of the participants given abt. one month after the training.

Each of the 14 persons (who gave answers for our questions) recognised a definite change of the working atmosphere for better, 8+4 thereof described the change as excellent. The dominant values they experienced after the training were cooperation and attentiveness and even the quality of the communication became better.



Whether how much I know my colleagues' good qualities?

The feedback senders advised that the most important parts of the training was to experience and make use of the following: „ Good teamwork, numerous aspects and the knowledge about better way of helping the colleagues.”; „Positive attitude and support by the team.”; „Each exercise was absolutely useful.” One of the managers wrote: „In my opinion the training was complete. Whilst I try now to give more space to my colleagues, I take a little step backwards. So as to let them solve the problems/do the tasks themselves first. I am trying to communicate in a better way and to be more open with my staff.”

The possibility of follow up the training was offered to the participants. Everybody was eager to take the opportunity, 12 of them definitely.



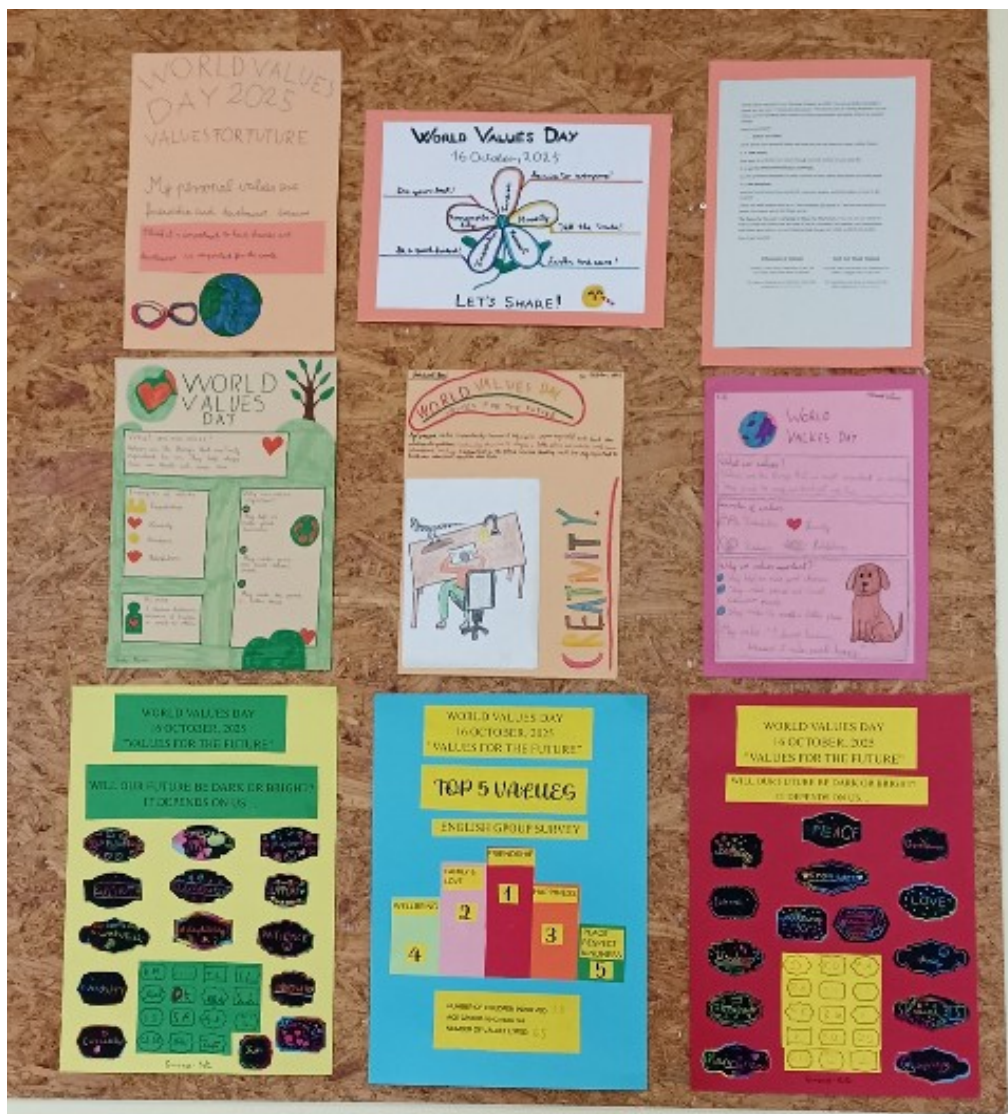
We will take along all these values

Both trainings were succesful, as the participants asked for continuation (i. e.follow up according to the special needs of the given working areas) in their feedbacks.

Motto: „Shall we have a dark or a bright future? It depends on us...”

For years our permanent partner in celebrating WVD has been **one of the teachers of English language in elementary school Kandó**. She has been involving more and more classes in getting acquainted with the world of values year by year. It is a special take away for the children to establish their lives. This year three English learning groups took part in the project and 33 pupils prepared the exhibition of theirs.

As a speciality and new challenge, the teacher decided to keep on dealing with the values chosen for WVD with the sixth class until the end of the school year. Her plan is as follows: each pupil is expected to prepare a page titled „Values” in her/his exercise book. Until the end of the school year they will choose weekly one value from the posters they



made previously. Then they will have the possibility to match an activity to the value. Next week they will discuss the experiences related to the value. At the end of the year everyone will have a list displaying the values they were dealing with. Even the teacher has chosen two values and she will continuously work with.

In the spring of 2025 we started to prepare for WVD with our 4 groups which have been active for several years (Creative Thoughts Club in Komló; Senior Club in Érd; Senior Club and Club for Parents in Dési Huber Community Center in Budapest). We started with visualization. We imagined a future world and also the way of using values/good qualities of ours as from now to form a better future. 5 values were chosen by each group which they considered as most important.

Creative Thoughts Club in Komló: They had also chosen 5 values which they processed until WVD, so as they could involve the new knowledge in their lives. These values were as follows: **Cooperation, Simplicity, Respect, Tolerance, Flexibility**



What is flexibility?



How to apply it to get to the future?



Special form of cooperation: one is reading a text, the other is showing it's contents by movement

One of the facilitators of the Komló group is the designer and caretaker of our Facebook website. On WVD i.e. 16 October and on the subsequent days she daily posted a value on the FB page of our association, together with a picture and motto.

The values chosen by the senior group of Érd are as follows: Acceptance (May); Peace (June); Respect (September); Love (October). The meeting held in October possibly had the most exciting topic (Love), as it is always a challenge to speak about love shown toward ourselves.



Values for the future conserved in „capsules”, so that our successors should not forget them

The values chosen by the senior group of Dési Community Centre: Tolerance (not as a suffering); Cooperation, Openness, Care for each other.

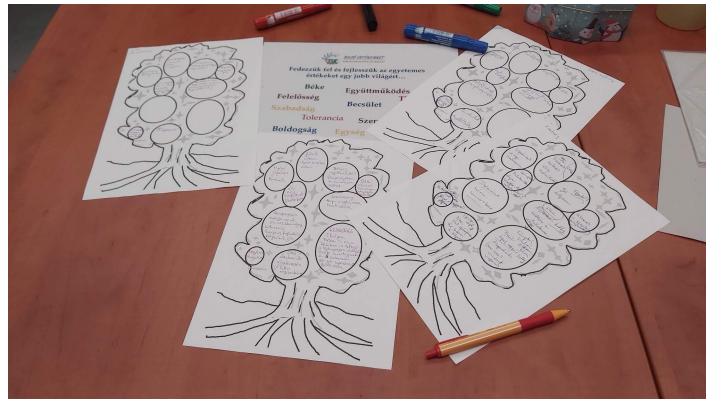


**Shall we act together, but how?
Shall we build a castle?
But with whom?**

But she is not my partner!!! At least we done it.

Club for Parents in Dési Huber Community Center: The task was to get acquainted with the chosen values in different aspects, which were important for the club members? This approach made the „research work” (workshops) on values deeper and much more specific.

Values chosen were as follows: Openness towards new things as well as in respect of people (May); Satisfaction with life in general and own affairs (June); Calmness – inner and serenity (September); Simplicity – in (human) relationships and simplicity in our thoughts (Oktober).



How satisfied am I with myself?

As much as I can actually use my values in my life.

The above report is a very brief description of Hungary's contribution to the promotion of WVD in 2025.

We would like to express our thanks and appreciation to everyone who contributed even a smallest assistance or involvement.

On behalf of all participants:

Fried Zsófia
Chairman of B.É.K.E.



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